

Newsletter

THE E-NEWSLETTER FOR NEIGHBOURHOOD WATCH SUPPORTERS IN SUFFOLK

Welcome to the June edition of our newsletter.

Saturday 5th June sees the start of the 2021 Neighbourhood Watch Week event.

This year the focus is on staying connected to our communities, supported by the 'Listen.Talk.Do!' mantra, which includes podcasts, webinars, how to guides and more - all available on the NWN website. We hope you have plans to help celebrate the week, and of course we would welcome any of your stories and pictures that we can share with everyone in our next newsletter!

We also want to remind you that the Annual General Meeting (AGM) for the Suffolk Neighbourhood Watch Association will take place online due to the ongoing uncertainty surrounding the lifting of UK Government restrictions on public gatherings.

There are three key stages for the process:

In the first stage, all SNWA members will receive copies of the minutes of the 2020 AGM and the current SNWA Constitution for comment. They'll also be invited to nominate members to serve on the Executive Committee for the next year. This stage will commence on or just before 28th May, and will last four weeks until 25th June.

In the second stage, the Chair's and Treasurer's reports will be made available, as well as a link to a website where members can comment on the reports, and vote for the nominated Executive Committee Officers. This stage will commence on 2nd July 2021, and will last two weeks until 16th July.

In the third stage, the results of the AGM will be published to members. This will take place no later than 23rd July.

As always, please remember to check our "news" page on our website for updated news in between newsletter editions, and if you use social media, why not visit our Facebook page, follow us and give us a

The Executive Committee

INSIDE THIS EDITION:

NWN News PG 2
Suffolk Police and Crime Commissioner PG 4
Action Fraud PG 9

County Policing Command PG 3
Suffolk Trading Standards PG 6
Member benefits PG 11

Have you got a story you would like to share?

Sharing your stories help give other schemes ideas that can help communities engage more. It's not always about crime and policing - but it's always about togetherness.



Send us your story via email to the Suffolk Neighbourhood Watch Association Comms team: comms@suffolknwa.co.uk Thank you to all the schemes that send us their newsletters. You can send yours to comms@suffolknwa.co.uk

If you would like them uploaded to our website, just let us know!











Neighbourhood Watch Week 2021: Don't forget!



DURING $5^{TH} - 11^{TH}$ JUNE NEIGHBOURHOOD WATCH IS ENCOURAGING PEOPLE TO 'LISTEN. TALK. DO!' WITH THEIR COMMUNITIES TO STAY CONNECTED

While the past year has brought much hardship and sadness, we have also seen a surge in neighbourliness and community spirit, and Neighbourhood Watch is playing their part to help sustain this into the future.

With 2.3 million members, local Neighbourhood Watch groups and volunteers have been at the heart of supporting communities - helping neighbours to connect and support each other, as well as maintaining their traditional role of helping to prevent crime and keep people safe.

The annual Neighbourhood Watch Week 2021 (5th-11th June 2021) presents an opportunity for members and non-members alike to build on the connections made before and during lockdown, to build community resilience and stay connected as England and Wales ease with trepidation out of lockdown.

Neighbourhood Watch are offering a range of online and face-to-face activities for people to engage in either individually or as a community. They are encouraging everyone to participate in ways they feel comfortable with - but always within Covid-19 government guidelines.

Supporting communities is all about listening first and foremost, so to kick off the week Neighbourhood Watch is encouraging communities to listen to each other by joining in with the Big Lunch – a national annual event promoted by Eden Project Communities. Running a listening campaign is another way to listen to and understand the needs of your community and Neighbourhood Watch have produced a 'How to Run a Listening Campaign' guide for those who want to get started with this. For those who prefer to listen from the comfort and safety of their home, Neighbourhood Watch is running online crime prevention webinars and sharing a 'Listening Out for Your Community' podcast.

With many people feeling anxious about lockdown lifting or feeling increasingly isolated, Neighbourhood Watch have created an 'Every Mind Matters' postcard to support neighbours with initiating conversations. They also have a guide on how to set up a 'Calling Tree' to reach out to the vulnerable or isolated via the telephone. Talking to neighbours at a community walkthrough enables a deeper understanding of the needs and strengths of the community from others' point of view. To guide you in how to do this, Neighbourhood Watch have created a 'How to Conduct an Environmental Visual Audit' guide.

For those who are ready to engage in community face-to-face activities, Neighbourhood Watch have created guides on 'How to Organise a Litter Pick' and 'How to Organise a Street Party' – to enable communities to prepare to celebrate Neighbourhood Watch's 40th Anniversary in 2022.

Neighbourhood Watch Week is just one of the events happening across the UK as part of the launch of the 'Month of Community' in June. It is all about creating a focal point in the year to bring people together to reconnect, celebrate what's local, and help bolster the recovery effort with something that touches everyone. They are calling for you to join in however it works for you and your community, whether that's to say cheers to volunteers, connect with your neighbours, support a cause you care about or simply to say thank you to those who may have helped you during the lockdown period.

To find out more about Neighbourhood Watch Week 2021 and the Month of Community visit www.ourwatch.org.uk/nwweek.











County Policing Command Keeping people safe, catching and convicting criminals



Suffolk Police are raising awareness of Domestic Abuse within the rural communities of Suffolk as they recognise that there are added difficulties for victims of domestic abuse who may not feel as empowered to come forward, and also for those seeking help on their behalf.

Domestic Abuse holds no social boundaries and perpetrators also need to be aware that Suffolk Police are active in our communities, encouraging reporting and providing advice and guidance for victims and witnesses to come forward.

You are not alone; If you are a victim of abuse or have concerns about somebody else call Police on 101 or you can report online CLICK HERE – In an emergency always call 999

• You can also access guidance for people at risk of domestic violence through the constabulary's "First Principle Crime Prevention Pages" **CLICK HERE**

Neighbourhood Watch also offers a "Campaign Toolkit" with resources to help people recognise the signs of domestic abuse, either as a victim themselves or as someone close to a victim, and know how to help. **CLICK HERE**

• For anonymous reporting please use Crimestoppers: Tel **0800-555-111** or their Online reporting form <u>CLICK HERE</u>
If you want advice for yourself or others call:

National Domestic Abuse Helpline (24 hours)- 0808 2000 247 (they also have an online chat facility Monday- Friday 15:00-22:00 – Website

Or

Anglia Care Trust - Domestic Abuse Outreach Service; 24 hour helpline, they are a countywide service 0800 977 5690 - Anglia Care Trust Website















Suffolk PCC: £555K support to victims of sexual violence and domestic abuse in Suffolk

Tim Passmore, Suffolk's Police and Crime Commissioner has today announced grants of over £555k to support victims of sexual violence and domestic abuse across the county during this financial year up to March 2022.

Grants for domestic abuse services in the county amounting to £325,467 have been allocated to eight organisations and £230,000 will be shared between four organisations to support sexual violence services.



Making Suffolk a safer place to live, work, travel and invest

Tim Passmore said, "Commissioning services to support the work of the Constabulary is an important element of my role as Police and Crime Commissioner.

"I am absolutely delighted to be able to support these organisations in their valuable work with victims of domestic abuse and sexual violence. We rely very heavily on the support of third-sector and voluntary organisations in our work and we are indebted to them for their commitment and enthusiasm.

"I truly believe that without the support of organisations such as these we would be a much poorer society."

Anglia Care Trust receives £33,367 for their Money Advice Service; Bury St Edmunds Women's Aid Centre receives £72,500 towards their outreach centre; Compassion receives £12,100 towards a facilitator for their domestic abuse service and programmes; Home-Start Mid and West Suffolk receives £10k to support families suffering domestic abuse; Leeway Domestic Violence and Abuse Service's Suffolk Project Safety Net receives £51,000 to victims with no access to benefits and where English is not their first language; Lighthouse Women's Aid Women's Centre receives £72,500 to fund key staff as well as contributing to premises and overheads; One Voice 4 Travellers, which supports Gypsy, Romany and Travellers experiencing domestic abuse, receives £3,900; Phoebe, which provides domestic violence support for BAME and migrant women with no access to benefits, receives £40k and the Waveney Domestic Violence and Abuse Forum receives £30,100 to support DA victims in Lowestoft and surrounding areas to cope and recover.

Fresh Start new beginnings receive £60k to provide a therapeutic treatment service for child victims of sexual abuse to address the short and longer-term symptoms of trauma; Restitute receives £20K towards their work with parents, families, carers and siblings (third party victims) who are living with trauma due to the sexual violence or childhood sexual abuse crime their family member has survived; Suffolk Rape Crisis' £75k grant will contribute to the costs of "Outreach@SRC" covering one-to-one practical and emotional support, online courses and groups and when allowed face-to face-groups with women and girls who have been subject to sexual violence. Survivors in Transition have been allocated £60k for specialist trauma support for adult survivors of childhood sexual abuse and male victims of sexual assault. The funding will support 50 individuals to receive 15 therapy sessions and for six group programmes; a further £15k will be used for support and advice sessions for 10 young people.



The JUNE 2021 edition of the "Constable's County" newsletter is out now, and provides an update from across the East, South, and West of the county in a single edition. Read it here











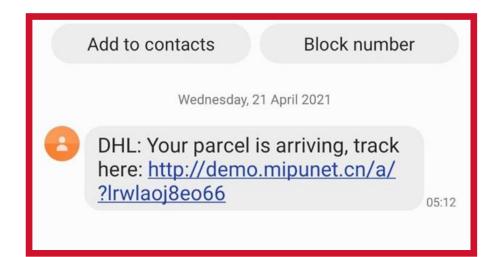


Don't fall victim to a SMS flubot or phishing scam



Have you received a suspicious SMS message claiming to be from a delivery company lately? And did the message inform you that you had a package arriving shortly, inviting you to click on a link to track its delivery status?

If so, you are not alone. Mobile users across the globe (including many members of the Neighbourhood Watch community) have been receiving messages like the one below:



These messages are actually linked to a banking Trojan called "FluBot". This threat disguises itself as a legitimate text from a delivery company and asks receivers to install a tracking app in order to track the status of the package, when in fact its intention is to steal credentials and other personal data.

How to protect yourself from FluBot?

First and foremost, install an antivirus solution that detects threats like Flubot on your mobile device. You can further protect yourself from FluBot and other mobile phishing attacks by following the advice below:

 Do not click on links in SMS messages - Especially if a message is asking you to install software or apps on your devices

Be a sceptic - Err on the side of caution with any suspicious SMS. If you receive a communication you weren't expecting, it is always best to call the company yourself using the contact information provided on their legitimate website, to confirm the message received
 Don't reply directly to suspicious communication - Always begin a new communication via the

company's official service channels

 Question the message - It is important that you train your eyes to detect phishing messages. These tend to be generic and spread to the masses, as well as automated messages or messages that present an offer that seems too good to be true (i.e. how to win a new smartphone or inherit a large sum of money from an unknown family member)

Do not install apps from anywhere but the official app stores -Most major companies have their own apps available for download at trusted stores like Google Play or the Apple App Store. Also, set your mobile device's security to only install apps from trusted sources like Google Play or the Apple App

Store

Awareness is the key for defending against phishing scams such as FluBot, and at a time when many are distracted by world events it is understandable to see a rise in successful attacks. If anyone you know has had a message like this, please do share the above information with them.

















Disposing of Waste

Help prevent flytipping, keep all paperwork for transactions if you're paying to have waste taken away and ask questions. Check their name and licence No. on the EA website, make sure their licence is an Upper Tier!

Department for Environment Food & Rural Affairs website

#SCRAPflytipping

Suffolk Recycling website





Let's S.C.R.A.P. fly tipping suffolkrecycling.org.uk/fly-tipping









Petrol is a dangerous and highly flammable substance. The Petroleum (Consolidation) Regulations 2014 apply to you if you store petrol at home. Check here to make sure you are storing petrol safely









Fraud trends and emerging issues

National Fraud Intelligence Bureau



The National Fraud Intelligence Bureau (NFIB) produces monthly threat assessments outlining trends in fraud reporting and emerging frauds that are anticipated over the coming weeks. In this article we summarise some of the types of fraud where reporting has increased recently, as well as

what to look out for in the coming weeks. Increases in reporting have been seen in:

- Online shopping fraud
- Door to door sales fraud
- Phone fraud
- · Investment fraud
- Rental fraud
- · Computer viruses and malware
- Mandate fraud (where fraudsters obtain details of direct debits, standing orders or account transfer details and amend them to transfer money to other accounts)
- Delivery company-branded smishing, with messages asking customers to click a link to either reschedule or pay for an underpaid delivery charge
- Phishing scams involving text message purporting to be from a bank stating that a new payee or new device has been added

Stay ahead of the fraudsters - emerging issues to look out for:

- Festival/concert ticketing fraud There has been a huge demand for tickets to the festivals and concerts that have now been announced. Fraudsters are expected to try and take advantage of this demand over the coming months
- Holiday fraud Following the government's announcement that some international travel can resume, low-cost private testing systems offering Covid testing for holidaymakers are likely to be overwhelmed by the sheer demand. Fraudsters may look to take advantage of this demand by purporting to offer reasonably priced tests to holidaymakers
- Post-vaccine survey scams People are being contacted via email and/or text message after receiving the
 COVID19 vaccine to participate in a fraudulent post-vaccine survey with the promise of a prize or cash at the end.
 Their credit card information is requested, and they are charged for the shipping and handling fees, but never receive
 the promised prize. Although the victims appear to be based in the US at present, it is likely that this sort of fraud will
 be attempted in the UK
- End of furlough schemes -It is highly likely that following the end of the furlough scheme in September there will be an increase in demand for short term loans. Fraudsters are likely to try and exploit this demand leading to a potential increase in the volume of cold calls from companies purporting to offer various loans to individuals struggling financially
- Advance fee fraud -This is when fraudsters target victims to make advance or upfront payments for goods, services
 and/or financial gains that do not materialise. It is likely that career opportunities may be offered for payment of an
 upfront fee for jobs that do not exist

Use the <u>NWN PROTECT YOUR PASSWORD resources</u> and follow the guidelines of <u>Take Five</u> when dealing with suspected fraudsters - whether it be on the phone, on your doorstep, via the post or online.









Talk/together

<u>Talk/Together</u> is a coalition which welcomes everyone from community groups to some of the UK's best-known organisations. Their aim is to bring people together and bridge divides, to help build a kinder, closer and more connected society.

In July 2020, Together began to conduct talk/ together – the UK's biggest ever conversation about what unites us and divides us, offering insight into how public attitudes have evolved as the Covid crisis unfolded.

Over 150,000 people have taken part, completing 78,790 open surveys, with 218 expert submissions, nearly 500 in- depth conversations and 68,500 partner engagements.

The talk/together final report was published on 1st March and you can read it or an executive summary here.

The report shares findings that are very relevant for Neighbourhood Watch and aligned with the direction we are heading in to achieve our 5-year strategy. Our trustees and staff have jointly discussed ways in which we can support and add to the project, and we will be continuing this discussion in the next set of Association Leads Zoom calls in July.



<u>Pages 9 and 10 of the Executive Summary</u> look at the changes people want to see grouped into 10 themes. These themes are based on the hundreds of suggestions that were received for action to put in place the foundations, facilitators and connections needed to build a society where we have shared identities, consensus about the norms of behaviour, respect for difference and higher levels of trust, empathy, and kindness.

Summary of the changes people want to see – grouped into 10 themes

- 1. National and local leadership that prioritises social connection in all four nations of the UK
- 2. Give people more say in decisions that affect them and learn to disagree better
- 3. Make sure we can communicate with each other
- 4. Re-energise citizenship education
- 5. Make sure that building, design and the planning system promotes social connection
- 6. Recognise that the workplace is key to social connection
- Take action to support volunteering
- 8. Encourage a culture of hospitality
- The UK's COVID-19 recovery plans should aim to increase participation in sports, cultural, environmental and community activities.
- 10. We need a new, country-wide moment that celebrates communities and what we have in common.











Over 5M Suspicious Emails Reported

Phishing remains the most successful attack sector for cyber criminals targeting individuals and businesses.

Cyber criminals love phishing. Unfortunately, this is not a harmless riverbank pursuit. When criminals go phishing, you are the fish and the bait is usually contained in a scam email or text message. The criminal's goal is to convince you to click on the links within their scam email or text message, or to give away sensitive information (such as bank details). These messages may look like the real thing but are malicious. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords.

As of 30 April 2021, over **5.8 million** emails were reported to the Suspicious Email Reporting Service (SERS). The tool, which was launched by the National Cyber Security Centre (NCSC) and the City of London Police last April, allows the public to forward suspicious emails to an automated system that scans it for malicious links. Since its launch, over **43,000 scams** and **84,000 malicious websites** have been removed.

What are the most common phishing scams?

The most commonly spoofed organisation reported in phishing emails was TV Licensing, with victims of these emails reporting losses totalling £5.3m. The majority of losses occurred as a result of victims following malicious links in the emails and inputting their personal information into what they thought was the legitimate TV Licensing website. Shortly after, they would receive a call from criminals impersonating bank staff who was able to convince them that their bank accounts were compromised and persuaded them to transfer all of their money to a new 'safe' account. Some of the other most commonly impersonated organisations included HMRC and DVLA. They also received more than 40,000 suspicious email reports relating to COVID-19.

How you can protect yourself from phishing messages.

- 1: Be cautious of messages asking for your personal information.
- 2: Report suspicious emails. (report@phishing.gov.uk)
- 3: Report suspicious text messages.
- 4: Report fraud online here.

For more information on how to protect yourself from fraud and cyber crime, please visit: actionfraud.police.uk/cybercrime













Suffolk Crimestoppers: Report Crime Anonymously

CrimeStoppers.

Rural Crime Hotline 0800 783 0137 100% anonymous. Always.

Speak up. Stay safe.



Rural crime is on the rise and it's a serious issue for farmers, businesses and those who live in the countryside.

Whether it's large-scale, industrial fly-tipping, hare coursing, theft or arson, rural crime has a devastating effect on farms and other rural businesses.

Those responsible for this blight on our countryside are suspected of having links to organised crime. It is vital that we bring them to justice.

That's where you can help.

If you have information call the dedicated Rural Crime Hotline on 0800 783 0137 or complete the online form to give information anonymously about rural crimes

Stay 100% anonymous. Always.











Neighbourhood Watch Benefits



LOCKLATCH[™]

Announcing a new partnership between Neighbourhood Watch Network and LockLatch: the worldwide distributor of LockLatch, PetLatch and MiniLatch.

The three products are adjustable lockable latches that fit any door or window, whatever the window or door is made from and whichever way it opens. The locks enable you to keep your property secure with leaving windows and doors ajar. Made from C304 stainless steel they are rust resistant, come with a lifetime guarantee and are quick and easy to install yourself.

The new partnership is an important part of Locklatch's commitment to raise awareness regarding domestic safety and security. They are pleased to offer all Neighbourhood Watch supporters a 15% discount off the retail price of their products with a matching contribution going towards Neighbourhood Watch Network expenses.













Made from C304 stainless steel with a satin finish, LockLatch™, PetLatch™and MiniLatch™ will fit any door, window or hatch, whichever way it opens and whatever it is made of.

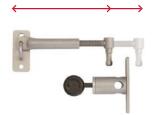
The U bolt allows for easy positioning on the frame with an adjustable width. The locking pin drops into the barrel in any of the 4 holes which is lockable with a removable key.



MiniLatch™

Let fresh air in, keep opportunistic intruders out.

Adjusts between 4.5 to 8 cms



LockLatch™

Perfect for Safe Ventilation, small Pets Access, or as a Window Restrictor.

Adjusts between 9cms to 17cms



PetLatch™

The perfect Pet Door alternative for small to medium sized dogs.

Adjusts between 14.5cms to 23cms



Customer Reviews ★★★★★

Buy Online Today

www.locklatch.co.uk

SPECIAL 15%DISCOUNT FOR ALL NWN MEMBERS
Use Coupon Code NWNLock on Check Out.









